

To be completed by TAAG staff:				
School ID:				
Form Code: PPI	Version: <b>B</b>	Series #:	Sea. #:	

## PRINCIPAL INTERVIEW

Process Evaluation: Environmental Outcomes

Start time: \_\_\_\_ :\_\_\_ :\_\_\_

School: \_\_\_\_\_

## Physical Education

- 1. During this past school year, how many minutes per week <u>and</u> weeks per year of physical education were required at this school for:
  - a. 6<sup>th</sup> graders? \_\_\_\_\_ minutes/week \_\_\_\_\_ weeks/ year
  - b. 7<sup>th</sup> graders? \_\_\_\_\_ minutes/week \_\_\_\_\_ weeks/ year
  - c. 8<sup>th</sup> graders? \_\_\_\_ minutes/week \_\_\_\_ weeks/ year
- 2. Approximately what proportion of students do not meet these requirements?

\_\_\_\_%

- 3. What are some of the reasons that students might not meet requirements? (check all that apply)
  - a. Scheduling conflicts
  - b. Alternative classes
  - c. 
    Alternative after-school or out-of-school physical activity
    - (i.e., interscholastic sports, community sports team)
  - d. 
    Parental request
  - e. Dedical exemption (i.e., note from a doctor)
  - f. Other (please explain):
  - g. All students meet PE requirements

## **Physical Education Teachers**

- 4. How many teachers teach PE at this school (include classroom teachers who teach PE)? \_\_\_\_\_
- 5. How many PE teachers are male? \_\_\_\_\_
- 6. How many PE teachers are female? \_\_\_\_\_
- 7. Are all PE teachers certified PE specialists? Yes No
  - a. If no, how many are not certified PE specialists? \_\_\_\_\_

8. Please list the PE teachers, the number of years they have taught, and the number of years they have been at this school.

PE Teacher	Years teaching PE	Years at this school
a.		
b.		
С.		
d.		
е.		
f.		
g.		
h.		
i.		
j.		
k.		
۱.		
m.		
n.		
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q.		
r.		
S.		
t.		

9. During the past school year and previous summer, did any PE teachers leave the school?

Yes No

If yes: a. How many? \_\_\_\_\_

- b. Were these positions filled? Yes No
- c. If not filled, please explain:

## Health Education

10. During the past academic year, how much time did the average 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grader spend on health education curriculum?

	Grade 6	Grade 7	Grade 8
No. days/week			
No. weeks/year			
Length of class period			

## Health Education Teachers

- 11. How many teachers are responsible for teaching health education curriculum at this school? \_\_\_\_
- 12. How many of these teachers are male? \_\_\_\_\_
- 13. How many of these teachers are female? \_\_\_\_\_
- 14. Are all Health Education teachers credentialed in teaching health education? Yes No
  - a. If no, how many are not credentialed in health education?
- 15. Please list the Health Education teachers, the number of years they have taught, and the number of years they have been at this school.

HE Teacher	Years teaching HE	Years at this school
a.		
b.		
С.		
d.		
е.		
f.		
g.		
h.		
i.		
j.		
k.		
l.		
m.		
n.		
0.		
р.		
q.		
r.		
S.		
t.		

16. During the past school year and previous summer, did any HE teachers leave the school?

Yes No

If yes: a. How many? \_\_\_\_\_

- b. Were these positions filled? Yes No
- c. If not filled, please explain:

## Student Exposure

During this past school year, have the students been involved in any assemblies, special events or campaigns at the school that promote physical activity? Yes No
 a. If yes, how many? \_\_\_\_\_

Title of Physical Activity-Related Exposure		Grades included (circle all that apply)		
b.	6	7	8	
С.	6	7	8	
d.	6	7	8	
е.	6	7	8	
f.	6	7	8	

## School Policies

- 18. Does your school allow students to bicycle to school? Yes No
  - a. If yes, is there a bike rack available where students can lock their bikes during school?
     Yes No
- Does your school have an interscholastic (competitive) sports/physical activity program?
   Yes No
- 20. Does your school have an intramural (non-competitive) sports/physical activity program? Yes No
- 21. During this past school year, have there been any changes in the facilities on school grounds that may have influenced students' participation in physical activity? Yes No
  - a. If yes, please specify:
- 22. During this past school year, have there been any changes in school policy that encourage students to engage in physical activity? Yes No
   a. If yes, please specify:
- 23. During this past school year, have there been any changes in school policy that encourage <u>teachers and staff</u> to engage in physical activity (such as a wellness program, encouraging use of facilities after hours)? Yes No

a. If yes, please specify:

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24. During this past school year, have there been any changes in district and/or state standards or regulations regarding <u>health education curriculum</u> that your school has implemented?

Yes No

- a. If yes, please specify:
- 25. During this past school year, have there been any changes in district and/or state standards or regulations regarding <u>physical education curriculum</u> that your school has implemented?

Yes No

a. If yes, please specify:

## **Transportation**

26. Weather permitting, approximately what proportion of students walked or biked to school regularly during the past year? (*circle one*)

A.	None	G.	50-59%
В.	1-9%	Η.	60-69%
C.	10-19%	١.	70-79%
D.	20-29%	J.	80-89%
Ε.	30-39%	K.	90-99%
F.	40-49%	L.	All

- 27. During the past school year, has there been a change in the proportion of students who walk or bike to school? Yes No
  - If yes: a. Has there been an increase or decrease? (circle one)
    - 1. Increase
      - 2. Decrease
    - b. Please explain why: \_\_\_\_\_
- 28. Which of the following are barriers to students walking or bicycling to school? (check **all** that apply)
  - a. There are no barriers to students walking or bicycling to school
  - b. E Fearful for personal safety due to crime (i.e., assault, robbery, etc.)
  - c. Lack of sidewalks
  - d. 🗌 No secure place for bicycles at school
  - e. 🗌 Traffic
  - f. Ueather conditions
  - g. Distance
  - h. Other (please specify):

- During this past school year, has your school had an activity bus (or late bus) available regularly for students who participate in after-school activities? Yes No (*if no, skip to question 30*)
  - If yes: a. How many days per week were the buses available?
    - b. How many weeks per school year were the buses available?
    - c. On an average day, how many students used the buses?
    - d. Were these buses available to students staying after school for <u>physical activity</u> programs? Yes No

If no, please explain:

#### Programs and Unstructured Physical Activity Opportunities

30. <u>Before school</u>, during this past school year, did the students use school facilities (i.e., indoor and/or outdoor activity areas) for unstructured free play (i.e., no organized programming)?

Yes No

a. If yes, how many days/week, on average? \_\_\_\_\_

31. <u>During lunchtime</u>, during this past school year, did students use school facilities (i.e., indoor and/or outdoor activity areas) for unstructured free play (i.e., no organized programming)?

Yes No

- a. If yes, how many days/week, on average? \_\_\_\_\_
- 32. <u>After school</u>, during this past school year, did students use school facilities (i.e., indoor and/or outdoor activity areas) for unstructured free play (i.e., no organized programming)?

Yes No

a. If yes, how many days/week, on average? \_\_\_\_\_

## Programs for Physical Activity

The purpose of a TAAG Programs for Physical Activity is to provide a variety of out-of school physical activity programs and other opportunities that can potentially reach all girls. A TAAG PPA will actively seek to get and keep girls in before/after-school and out-of-class physical activity programs. Such programs will usually have some type of planning committee.

- 33. Does your school partner collaborate with any community agencies or organizations for the purpose of providing before/after-school or out-of-class opportunities for girls (or that included girls) to be physically active? (*circle one*)
  - A. Yes (skip to question 34)
  - B. No (skip to question 42).
  - C. Unsure

If you are unsure, or not familiar enough to answer questions about partnerships/ collaborations for physical activity, who in your school is likely to be familiar?

Name of person: \_\_\_\_\_

Title:

Phone Number: (*if they know it*) \_\_\_\_\_

(Instructions to interviewer: If the current respondent is not knowledgeable enough about the partnership/collaboration, or is unsure if there is one, then terminate this interview and set up an interview with the person named above.)

- 34. Is this collaboration between your school and community agencies/organization(s) new? (*circle* **one**)
  - A. Yes, it is a new collaboration.
  - B. No, it existed prior to the current school-year.
  - C. Don't know
- 35. How often has this collaboration's planning committee met in the past school-year? (*circle the closest answer*) (Interviewer, if there is no planning committee, skip this question).
  - A. About once per month or more
  - B. About every other month
  - C. 1 or 2 times per year
  - D. Never
  - E. Don't know
- 36. Is this collaboration more focused on providing activities for boys, girls or both? (circle one)
  - A. Boys
  - B. Girls
  - C. Both
  - D. Don't know
- 37. Which of the following groups and/or organizations participate in this collaboration? (*check all that apply*)
  - a. School administrators (e.g. Principal, Assistant Principal, etc.)
  - b. One or more community agencies (e.g., YWCA, Recreation Department, etc.)
  - c. 
    Teachers (e.g., PE teachers, etc.)
  - d. Darents
  - e. 🗌 Students
  - f. Private businesses
  - g. Others (specify:\_\_\_\_\_)

Interviewer: I am going to read a statement and I would like you to tell me if you strongly agree, agree, neither agree nor disagree, disagree or strongly disagree.

- 38. Our collaboration with a community organization(s) has resulted in one or more before/afterschool or out-of-class physical activity programs or enhanced existing before/after-school or outof-class physical activity programs for girls (or that included girls). (*circle one*)
  - A. Strongly Agree
  - B. Agree
  - C. Neutral
  - D. Disagree
  - E. Strongly Disagree

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39. What before/after-school or out-of-class physical activity programs for girls (or that included girls) were implemented as a result of this collaboration?

Agency/Activity Program	When offered (give dates if possible)	Number of girls that participated	When will it be offered again?
Example: YWCA/basketball	Fall '02	50	Fall '03
a.			
b.			
с.			
d.			
е.			
f.			
g.			
h.			
i.			
j.			
k.			
l.			
m.			
n.			
0.			

40. Will this collaboration continue next school-year? (circle one)

A. Yes

B. No

C. Not sure

41. Interviewer: Ask the respondent for any comments about this school-community collaboration, or about the programs that resulted out of this collaboration.

# (Interviewer: Question 42 is intended to assess one-time, temporary collaborations for physical activity, not TAAG-like collaborations, which were covered in questions 33-41 above)

Instructions: In the table below list the names of the agencies that have collaborated with, partnered with, or otherwise have helped provide physical activity programs for students at this school, the programs offered, and estimated number of girls who participated.

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42. What before/after-school or out-of-class physical activity programs for girls (or that included girls) were implemented during the current school year?

Agency/Activity Program	When offered (give dates if possible)	Number of girls that participated	When will it be offered again?
Example: YWCA/basketball	Fall '02	50	Fall '03
а.			
b.			
С.			
d.			
е.			
f.			
g.			
h.			
i.			
j.			
k.			
l.			
m.			
n.			
0.			

43. Interviewer: Ask the respondent for any comments about one-time type partnerships or about the programs that resulted from such partnerships.

## THANK THE INTERVIEWEE!

Stop time: \_\_\_\_:\_\_\_\_:\_\_\_\_